

Doctor Visit Worksheet

Organize your questions and record key instructions to get the most out of every appointment.

Patient Name: _____

Date: _____

Doctor: _____

How to use

- Fill out the "Before the Visit" section at home.
- Take notes in the "During the Visit" section while talking to the doctor.
- Confirm next steps before leaving the office.

1. Before the Visit

Main reason for visit:

Current Symptoms / Changes:

Top 3 Questions to Ask:

1.

2.

3.

2. During the Visit (Doctor's Notes)

3. Next Steps

Action Item (Test, Referral, Prescription)	Deadline/Date	Who is responsible?